

TAI 報 POST

PRESIDENT'S MESSAGE



KIN FAI TAM

Kung Hei Fat Choi to everyone at RCTP! First, let me wish you and your family a healthy, happy and prosperous year of the Rat.

February 2020 is mixed with different feelings. We had our club reunion dinner on 20 Jan. to celebrate our last meeting in the year of the Pig. Definitely it was one of our highest attended meeting since all of us wanted to see and greet each other before CNY. However, during and after the CNY holiday, nearly all events planned in the District had been cancelled / postponed due to the outbreak of Novel Coronavirus.

In view of the serious risk and development of the Novel Coronavirus infections, the Government had announced escalating the Preparedness and Response Plan to its highest level of "Emergency Response Level". District / Area had cancelled / postponed most of the events such as RYLA, Blood Donation Day, Intercity Meeting, Centenary Challenge Cup dinner, Ultramarathon and Rookie Star etc. to minimize large group gatherings and thus prevent infection. It was some very difficult decisions as the organizers had planned and prepared for the events for several months already but the health of members are of top priority. I would like to take this opportunity to appreciate the great effort of the OC teams on the contribution of their personal time to the events.

At Area level, due to the potential disruptions to the international travel, the site visit of the Area 6 water purification project to Myanmar is postponed. The joint club Spring Dinner was also cancelled. We definitely will proceed with the site visit when the epidemic is over.

On 10 February, with the cancellation of Area 6 Spring Dinner, our club had arranged a Club New Year Dinner in a restaurant located at Science Park in a super-efficient manner. In the gathering, we had created a lot of positive energy by sharing the effective ways on how to overcome the epidemic. Thank you and we look forward to enjoying and sharing a lot more happy moments with you all in the future.



We heard so many sad news in February on the epidemic and would like to do something positive for contribution. Rotary District has kicked off the campaign 'Giving Masks, Rotary Tasks' aiming to donate surgical masks to the underprivileged. We look forward to receiving your support on this meaningful project.

Above all, I wish you all a healthy year ahead. Let's join hands and face the challenges together. We are always a team within the Rotary family.



EDITOR SAYS



CLAIRE MAK

The way we get news nowadays has undergone revolutionary changes since a decade or two ago. Every hour of every day, messages and alerts arrive in our computers and phone screens. Most of us consider this as progress. However, there is a lot of truth in the adage that 'no news is good news'. The non-stop influx of news can be adverse to our emotional state. We have an innate need to pay attention to bad news because such news are

important to our immediate survival. Not everyone can handle an avalanche of bad news and sometimes, it carried over into concerns about our own lives, making us susceptible to catastrophize our personal concerns which, in fact, have little to do with the news.

Similarly, some say that Facebook closes the relationship gaps and let you make friends a lot quicker and be able to understand friends a lot easier. I think it might happen the other way round. It may actually reduce your bona fide friend count.



Recent surveys had shown that reading FB messages can invoke negative feelings; or exacerbate your own personal worries and anxieties. The proposition is like this: When you read about the joys of others, your own inadequacies might be invoked:

Upon seeing others on holiday trips ... you lamented when you would take your holidays? Birthday celebrations ... why would others get so many well-wishes ... Isn't the world unfair to you? That is to say, sharing joyous moments might easily prick a sensitive nerve! So anyone who insists on sharing fun and lovely moments might attract jealousy and thereby risk losing friends.

What then if you just post the woes and worries? For instance, a post on how you fell ill on one day; and then how you were reduced to tears by a tragic event on another... In the beginning, I think you can attract a few likes and some comforting messages. Then as time goes by, friends might actually leave because you always seem to be plagued with unfortunate incidents. How could so much negativities gather around you? Was it your own inability which had led to all the foul matters?

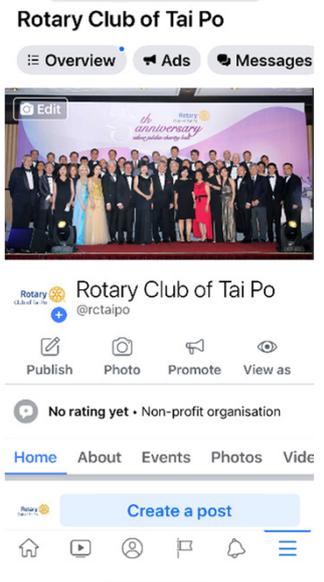


Leaving aside happy and unhappy moments, we may like to vent our opinion on social issues, or religions, or the government or the upheaval of the past half year, or the recent Corona epidemic, or even Rotary governance! Those who agree with you give you the thumbs up. Those who do not would render comments. Some of those comments attract further comments. When more and more people chip in, the matter might escalate to a huge debate with loads of fireworks and won't settle easily.



Having said all these, I am not advocating that we should not read the news or quit Facebook altogether. But to let tomorrow's worries overwhelm today's joys is a bad bargain.

So, do continue to read FB messages, but keep a healthy feeling of distance. Much of what we read about today is distant from us, in that it doesn't really affect our daily lives. Paying undue heed can make us blind to many things that do matter. And all is not lost. Take a look at RCTP Facebook page. Our Public Image Chair PP Natalie has studiously update photos and events of our club to the Club's Facebook page. Yes, the photos are mostly joyous and happy. Just hope the page is infectious and will generate more ideas for members to connect for service, fellowship and increase in membership.



Toastmasters and Rotary partner to help members grow professionally and make a difference in their communities

RI news Feb. 2020

ROTARY INFORMATION

ENGLEWOOD, Colo., Jan. 7, 2020 — Members of Toastmasters and Rotary will enhance their skills, broaden their networks and increase their positive impact in communities through a new collaboration.

PETER LAM



The ongoing relationship between the two organizations will begin at the grassroots level with local club members learning and working together. Additionally, Toastmasters will create a set of eight structured communication and leadership development courses for Rotary with a phased rollout that will be available in English in 2020, and in more languages in 2021.

“The strategic alliance with Rotary is exciting and allows both organizations to leverage our unique and similar strengths,” says Deepak Menon, Toastmasters’ 2019-20 International President. “We look forward to providing our current and prospective members with ongoing additional offerings that meet their evolving needs.”

With its first unofficial meeting held in Bloomington, Ill., in March 1905, Toastmasters is a global nonprofit organization with more than 16,800 clubs in 143 countries. Its members attend club meetings where they learn how to be more confident speakers, communicators and leaders. Toastmasters’ vision for the ongoing collaboration with Rotary is to change more lives for the better, and positively impact communities around the world.

“Collaborating with Toastmasters will provide our members with even more opportunities to develop and improve their leadership and communication skills,” said John Hewko, general secretary and CEO of Rotary International. “In turn, members of Toastmasters can connect with more people, take advantage of new speaking and learning opportunities, and make a difference in their communities through Rotary.”

Rotary provides its members opportunities to develop professionally, gain world understanding, and make lifelong friendships – all while volunteering to improve lives and bring lasting, positive change to communities.

Toastmasters International is a worldwide nonprofit educational organization that empowers individuals to become more effective communicators and leaders. Headquartered in Englewood, Colo., the organization’s membership exceeds 358,000 in more than 16,800 clubs in 143 countries. Since 1924, Toastmasters International has helped people from diverse backgrounds become more confident speakers, communicators and leaders.



Welcoming a Rotarian to visit a Toastmasters club



Considering opportunities to hold a joint Toastmasters/Rotary club meeting



Inviting a Rotarian to be a guest speaker at a Toastmasters club



Learning more about Rotary and visiting a local Rotary club

FLASHBACK OLD TIME PHOTOS

A look back of our club's past activities by topic AGM (Annual General Meeting)



PETER LAM

2017



Sergeant PP Louis collecting red box at the AGM Dec. 2017 . . . I doubt if many of us remember this short term inactive young member Marco Ho . . . ?

2016



2016-17 President William congratulated Roger for being elected President 2017-18 at AGM Dec. 2016. We can see KF joining the team since then.

2015



Gift by 2015-16 President Vikky to members during AGM Dec. 2015 at Royal Garden Hotel. Patrick Fong was elected President in the year which follows.

2014



2014-15 PE Vikky with her new team at AGM Dec. 2014 during President Natalie's year. Too bad five members in this photo have since left us. Do you recognize them?

2012



Membership Chair PP Pearl and Admin Chair Natalie reported at AGM Dec. 2012 in Royal Plaza Hotel.

2011



2011-12 PE Ron Chung with his new team at AGM Dec. 2011 at Royal Plaza Hotel during President Tsubaki's year.

First/Further Step To Rotaract 2019-2020 “The Ark”

Rotaract Executive Officer, Dennis HO
Chairman of First/Further Step To Rotaract



We would like to present our sincere gratitude to you for joining us in First/Further Step To Rotaract 2019-2020. It was a precious moment to have you walk through a step together in Rotaract.

Everything in the event has gone fairly smoothly. It came to success whilst many Rotaractors in the event, no matter how fresh or experienced they are, enjoyed the program and we all had been through some touching moments, such as in the campfire, where we had deep thoughts as to the roles we are bearing in our everyday lives.

This year with things drastically changing in our ways of living, we came to realize that there is no clear line between younger and older Rotaractors, and we all experience and grow together. The newly re-coined title of the event, “**First/Further Step To Rotaract**” (FSTR), has very much wrapped up the reflection upon ourselves as a Rotaractor. I believe we, including the new Rotaractors, had made a good start of building up the momentum to make the world better. We will keep on our steps to work it up.





Malaysian Trip

11 to 15 January 2020
Claire Mak

Dad and I started the New Year with a short trip to Malaysia. No, it has nothing to do with the MM2H (Malaysia My Second Home) scheme which was the first question asked by friends when told we were going to Penang and Ipoh of Malaysia. We simply wish to bask in the tropic sun, relax and get some gastronomic fulfilment.

Day 1

It was an early morning flight direct to Penang that we took on Saturday, 11 January. Upon arrival, we were whisked to "The Canteen at ChinaHouse" which is the **longest cafe** in Penang and got to taste the sweet almond tiramisu and washed down with Malay coffee.



A stroll along **George Town**, the capital city of Penang, seems to have brought us back to old Hong Kong. The historical core of George Town has been inscribed as a UNESCO World Heritage Site since 2008. It bears witness to the intermingling of the various ethnicities and religions of the country.

We then got the cheeky chances to fool around with the illusions in **3D Glow-in-the-Dark Museum** and also the **Food Museum**. Both museums highlighted the integration of talents and cultural mix of the country.



I must make mention of the first Hotel of the trip where we stayed two nights. The **Lexis Suites Penang** is a beach front hotel and boasts of having a private pool and steam room for each of its suite room. But given the size of the room-pool, Dad and I preferred to get a dip in the Hotel main pool instead.



Day 2

The Butterfly farm **Entopia** let us got up close with butterflies, moths, lizards, chameleons, spiders, bugs, scorpions, millipedes, centipedes, fly flies ... and their larvae, cocoon ... you name it. Due to camouflage the insects are mostly difficult to spot.



We lunched on Peranakan (峇峇娘惹) food at the SeaQueen Restaurant in the peaceful Straits Quay: not particularly to my liking as they are mostly hot and spicy. What enticed me more was the **fresh fruit buffet** that we took afterwards in a street side restaurant. Pretty sweet and refreshing.



The sweetness continued as we were brought to the **Chocolate & Coffee Museum** and got to sample different flavours of chocolate.



George Town acquired a large eclectic assortment of colonial and Asian architectural styles. The highlight of the day was the visit to the **Cheong Fatt Tsz Mansion** 張弼士故居 or Blue Mansion. The mansion's external decorations and indigo-blue outer walls make it a very distinctive building. One could easily be mesmerized by the transcendental quality and timelessness of the mansion to relive its glamorous past. Part of the building is now a hotel.



Dinner was stall food! This **Food Court** is frequented by locals. We strolled around the stalls, chose what we wanted and informed them of our table number. When the food was delivered to us, we settle payment for them. We tried fried Koay Teow 炒粿条, steamed rice rolls 豬腸粉 and fried oyster cake 蚝煎. We washed down with 沙梨汁 something which sounds like *umbala* in Malay. A lively and tasty experience indeed



Day 3

Ipoh is the capital city of Perak state of Malaysia. We visited one of its landmark location, the **Railway Station**. Too bad the Ipoh tree planted (in 2018) right in front of the Railway Station had wilted and was a sore sight.



Ipoh is known for its flavourful chicken. For lunch, we had both **salted chicken 鹽焗雞** and **bean sprout chicken 芽菜雞**. Both were delicious and could compete with the equally enjoyable tofu jelly 豆腐花.

For every country with substantial clusters of Chinese people there inevitably will be a **China Town**. The one in Malaysia is called 茨廠街. We entered a **5D Glowing Cultural Centre** and fooled around a bit. Then, at its old landmark shopping mall, **The Central Market**, we window-shopped and bought nothing in particular.



One could not have gone to Kuala Lumpur without visiting its Twin Tower. We took the **LRT** and alighted at the KLCC station. After quickly finishing a freshly baked **coffee bun** which was super yummy, we carried out the standard action of getting photographed outside the **Twin Tower**.



Buffet dinner at the **Four Seasons Hotel** spoiled us with choices and we were filled to the brim with delicious food.



Day 4

We did the touristy things this day including taking a look at the **Palace**, shopped for **local produce**, and, to my own surprise, Dad and I bought pillows. We needed not carry the bulky pillows. They were vacuumed to form a compact bunch which could easily be placed within my luggage. Quite some constructive achievement for us.



Lunch was gimmicky **Shuntak cuisine**. See the up-standing grilled chicken, the flashy drunken prawns, seafood pot ... Feast for the eyes as well as the stomach.



One cannot pass by Kuala Lumpur without knowing a little about its history, demography, infrastructure, developments ... etc. The **Kuala Lumpur City Gallery** gave us an overall view about the city. We also had had a fun time taking goofy photos there.

Dinner featured some 'exotic' South East Asian flavours. We had Malay famous **Bak Kut Teh** (as soup), Durian-bread-Crab, Malazhan vegetables ... Not exactly our daily sort of cuisine.



Day 5



The last day started rather leisurely. Dad and I managed to fit in a few lapses in the pool before we packed up and started with the itinerary. The first stop was to this snack shop **Lim Meng Kee** where we sampled grilled lobster jerky, beef/pork/chicken jerky, pork floss ... etc. and bought all sorts of different snacks.

An early lunch in a Thai Restaurant, which did not present anything worth mentioning, enabled more time to be spent shopping at the **Mitsui Outlet Park KLIA Sepang**. That said, I think the only merit of this Outlet was that it is near the Airport and thus one could while away time without having to worry about rushing for the flight. Prices there however are not really competitive. It was a pleasant stroll though because the Outlet was rather empty and thus no jostling.



Thus ended the sunny and relaxing 5-day Malaysian trip. Most Malaysians in Penang are Cantonese speaking or at least they understand Cantonese. Life is slower-paced and pretty like old Hong Kong. But, there is just one season – it is Summer time throughout; and the living standard is not exactly cheap. So, MM2H? Well, maybe not.

2020 District Golf Tournament Hong Kong Golf Club (Fanling) Eden Course

17 January 2020
Masayuki Tsubaki

Having waited for a long time, the Rotary District 3450 Annual Golf Tournament was held on 17th January 2020 (Friday) in Fanling. The morning was a little cool and good for golf day.

The organizing committee members including me went early to the Hong Kong Golf Club in Fanling, Eden Course. I arrived there before 7 a.m., but there were some organizing committee members there already. Everyone was excited and eager to start the tournament.

The welcome section and check-in started at 7:10 a.m.



We have to thank our PP Peter Lam for the continuous support for sponsoring the T-shirts for the Golf Tournament. There were 2 colors for the T-shirts. The white ones were for the participating members while the sharp orange ones were for the organizing committee members. Every year our PP Peter Lam's company Kam Lun (Paul Lam) Tailors Ltd. 金鑰服裝有限公司 sponsors the Golf Tournament with great effort.

This year we had a total of 88 nominees participating in the Tournament, with 22 groups. DG, DGE and DGN, and the organizing committee chair started the kick-off ceremony at 8:10 a.m. after DG Wilson's speech. We then took a group photo.



The Golf Tournament began after the shot-gun at 18 holes at Eden Course: 22 groups with 4 participants each. Our RC Tai Po formed a group of 4 with PP Frankie, PP Jacky, PP Ping and PP Tsubaki as the representatives, while PP Peter Lam moved to another group due to the group size limit. The Tournament lasted for 4 1/2 hours which provided a good time for fellowship. We have been missing play golf with PP Jacky and PP Ping for more than a year. It was a good chance and relaxing environment for fellowship with other clubs also! It was a little bit sad that our Club used to have more than 10 members playing golf and now there are only 5 left; but at the same time I saw many young guys at the reception, joining the Tournament. I hope more young generation will support our Club and also the Golf Tournament and other fellowship activities in the near future.



The Tournament finished at around 1:30p.m. and we started the lunch buffet as everybody was exhausted after the exciting tournament. Due to computer problem, only the individual prizes were announced that day, while the group results were announced the next day. PP Simon Chan from our mother club got a 2nd prize at the Individual Net; and more importantly, **our Club won the 3rd prize at the Net Team which we have missed for few years!** So it was really surprising for us!



Once again, thank you very much every organizing committee members and participating members for the support and effort for the Golf Tournament. It was a good fellowship time for us especially under nowadays environment filling with negative news. Hoping that there will be 2 teams from RC Tai Po in the coming year and achieve good results in the Tournament. Finally, I wish everyone with good health and joy in the Year of Rat!

Installation Ceremony of the Interact Club of Tai Po Schools 2019-2020

21 January 2020

Ms. Silvia Leung, teacher-in-charge

Approximately 60 interactors attended the annual installation ceremony of The Interact Club of Tai Po Schools (IACTPS). It was held in Carmel Holy Word Secondary School on 21 January.

Seven schools came together to participate in this joyous event with five honorable guests including the chairperson of the Association of Secondary School Heads in Tai Po District, Mr. Edward Poon MH, PDG Anthony Hung, President KF Tam, PP Claire Mak, and Vice President Wilson Woo. They have witnessed the development of this joint-school club in the past few years and they were here to support the interactors.



The ceremony began with a video summarizing IACTPS' work last year. Then, the interactors learnt about the mission and the history of the IACTPS from PDG Anthony and President KF Tam. After that, Sandy Cheung gave her last speech as the president of the IACTPS. She was grateful that she gained and learned a lot from trying many new things last year. The challenges made her grow. Following the speech, certificates were awarded to the committee members for their hard work. The ceremony ended after the election of the new committee members in which many students eagerly took up new roles in the committee, ready to contribute themselves to IACTPS.



The IACTPS Interactors took part in different activities throughout the year. They built friendship with one another, broadened their horizons and learnt more about volunteering through different kinds of events. These experiences were invaluable and will definitely become precious memory to them.



Interact
Rotary Sponsored Club





Committee members of IACTPS 2019-2020

Position	Name:
President	孫東唯
Vice Presidents	盧凱昭 陳靖嵐 何美怡 詹希文 羅文濠 黃菲
Administrative Officer	蕭梓熙
Promotional Officers	朱詠欣 林芊悅 連嘉匡 許展顏
Community Services Officers	曾思華 李雪兒 陳諾軒
Web Managers	施弈銘 劉政谷
Treasurers	陳婉瑩 嚴紫瓊 鍾卓希
Secretaries	田建凱 梅君彤
Art designers	甘草 何雲龍

20 January 2020 Tun Nin Meeting

Tun Nin is an important event for Chinese when everyone makes an effort to gather and celebrate before the dawn of the New Year. Our 20th January Meeting is a Tun Nin Meeting so you can imagine the joy and fun we had.

Auspicious decorations and well wishes on couplets

REGULAR MEETINGS



Whiskey and Wines. Cheers!



Handsome Happy / Red Box collection – well, Frankie was Sergeant that evening!



Guest Speaker Ir HO Wing Ip spoke about the good deeds and ideals of Evangel College and Evangel Hospital under the topic “Educate People and Cure People”.



January Birthday Celebration for Mary, Anthony and Roger



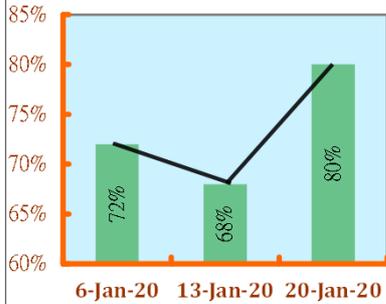
President K.F. reported on the successful “Bowling for the Blind”.



Raffle Draw Winner: lucky Natalie won the mosquito repellent machine from PP Dennis.

Upcoming Events

Average attendance: 73.3 %



Date	Time	Event	Venue
24 FEB (MON)	7:00 p.m.	Regular Meeting Speaker: Mr. Fung Wah Tim Topic: Run a Healthy Life 跑出健康人生	Tao Li, 2/F, New World Millennium Hong Kong Hotel, 72 Mody Road, Tsim Sha Tsui East
2 MAR (MON)	7:00 p.m.	Regular Meeting Speaker: PP Roger So Topic: Water Seepage Disputes – How to Deal with them?	Tao Li, 2/F, New World Millennium Hong Kong Hotel, 72 Mody Road, Tsim Sha Tsui East
9 MAR (MON)	7:00 p.m.	Regular Meeting Speaker: Mr. Clinton Wan Topic: Introduction on SOSOC App	Fincher Room, KCC, 10 Cox's Road, Jordan
16 MAR (MON)	7:00 p.m.	Speakers: Maisie Ho & Felix Ho (Kids of Joe Ho & Annie Luk) Topic: Trip to China experience	Fincher Room, KCC, 10 Cox's Road, Jordan

February

3rd FRANKIE WU
26th WILLIAM YIM



SASHA CHU
HENRY WANG
SINCERE YIP



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January 2020

Perfect Attendance

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 PATRICK FONG, ROGER SO,
 ANTHONY HUNG, KF TAM,
 NATALIE KWOK, VIKKY TAM,
 PETER LAM, KENNETH WONG,
 DENNIS LO, WILSON WOO,
 SALLY LUK, FRANKIE WU,
 WILLIAM YIM

On Leave

CHRISTIE LIN ZHENG



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